



# St. Louis Veterans Home Assistance League

10600 Lewis and Clark Boulevard  
St. Louis, MO 63136

St. Louis Veterans Home Assistance League; A General Not For Profit Corporation With A 501(c)(3) Tax Exempt Letter

Issue 1

March 2026

Dear Families and Friends:

Hello my friends and welcome to spring time in Missouri (70's, snow flurries, clouds, rain, you get the picture)!

Please check out Saint Louis Veterans Home Assistance League and Missouri Veterans Home – Saint Louis Facebook pages to see all of the wonderful activities and programs that go on at the Home. Please “Like” and “Share” posts from these two pages if you get the chance.

Thank you for the wonderful satisfaction surveys we get returned to us from Family members and our Veterans. Based on these surveys from this past year MVH – Saint Louis ranks in the top 15% of all nursing homes nationally. This reflects our team members strong dedication to our Veterans and our love we have for them.

Thank you for entrusting the care of your loved ones with MVH – Saint Louis as it is our honor and privilege to care for America’s Heroes! Please stop by my office or call me if you ever have any concerns. Have a wonderful day!



**Len Rhine,**  
*Administrator*



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## More information

If you are looking for more information on the Missouri Veterans Home – St. Louis on how to donate, volunteer, or would like a speaker for your next event, please contact the recreation manager Sherita Crosby at 314-421-8639, sherita.crosby@mvc.dps.mo.gov or visit us at www.stlvhal.org

## Board Of Trustees

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### Publication

*This is the official publication of the St. Louis Veterans Home Assistance League and is mailed to all its supporters free of charge.*

## Thank You For Your Support

*The St. Louis Veterans Home Assistance League solicits and handles all donations for the Home. All donations (checks) shall be made out to:*

**The St. Louis Veterans Home Assistance League or STLVHAL**

### Missouri Veterans Commission

205 Jefferson St., P.O. Drawer 147  
Jefferson City, MO 65102-0147  
phone: (573) 751-3779  
fax: (573) 751-6836  
website: www.mvc.dps.mo.gov

*Thanks To Our Veterans!*

# Thank You To Our Volunteers

Volunteer Appreciation Month is a special time to recognize the individuals who give their time, compassion, and energy to make a meaningful difference in the lives of our Veterans. Volunteers are the eyes and ears of our community. Through their generosity and dedication, they bring comfort, companionship, and joy to those who have served our country.

Throughout the year, our volunteers assist with activities, events, visits, and countless other acts of kindness that brighten the days of our residents. Their presence creates a warm and supportive environment where our Veterans feel valued, respected, and remembered. Whether it is offering a friendly conversation, helping with special events, or simply showing up with a smile, every moment they give truly matters.

I would like to also extend a heartfelt thank you to our Assistance League for their continued support. Their generosity and commitment help provide valuable resources and opportunities that enhance the quality of life for our Veterans. Many members of the Assistance League also serve as volunteers, further demonstrating their dedication to giving back and supporting those who served.

Volunteerism is a powerful reminder that small acts of kindness can create a lasting impact. We are incredibly grateful for each volunteer and partner who chose to share their time with us. Your service does not go unnoticed, and the difference you make in the lives of our Veterans is truly immeasurable.

To all our volunteers and the Assistance League – thank you for your dedication, compassion, and unwavering support. The Missouri Veterans Home – St. Louis is stronger because of you. We are always continuing to accept volunteer application. If you or someone you know is interested in joining our incredible team, please reach out we would love to have you with us. Please contact me at 314-421-8639 or email [Sherita.crosby@mvc.dps.mo.gov](mailto:Sherita.crosby@mvc.dps.mo.gov).



**Sherita Crosby**  
*Supervisor of Volunteer Services*



## UPCOMING EVENTS

**MARCH**  
 March Madness  
 Day @ Races  
 Spring Fling  
 St. Patrick's Day Party



**APRIL**  
 Cards Opening Day  
 Casino Week  
 Ice cream Social  
 Under the Sea



**MAY**  
 Cardinals Games  
 Cinco Da Mayo  
 Mother's Day  
 Memorial Day  
 Western Week  
 Day @ the Races



**JUNE**  
 Arcade Days  
 Cards Games  
 Family Day 4th of July  
 Father's Day  
 Flag Day





# Employee Spotlight



## EMPLOYEE OF THE MONTH

### *November; Demonte Hammond*

Demonte is a very caring staff member, "When we had a Veteran who was in transition Demonte clocked out for the day and then came back to sit with the Veteran. He did not want him to be alone. Demonte always looks out for the veterans . He assists them to and from meals. He is always happy to lend a hand with the Veterans."



### *December; Regina McNeal*

Regina shows compassion and dedication to our Veterans. She is a huge help on units and ensures all Veterans are well fed and groomed. Even when a Veteran is not assigned to her she volunteers herself to assist them. Regina makes sure all call lights are answered promptly. Even when she is in pain herself and limping she continues to respond to the Veterans call lights. Regina never complains and is always willing to help her co-workrs with a positive attitude. Regina encourages and motivates all new CNAs."



### *January; Sydney White*

Sydney is a good and a caring CNA. When the nursing department is short staff due to call-offs Sydney volunteers to stay over most weekends that she is here and even during the week. She came in on her weekend off during the inclimate weather to help cover the shift. Sydney often times is the last person to take he break if she gets one, so that her co-workers get their breaks. When she sees a co-worker needing assistance she helps them out and she always put the Veterans needs first. She takes time out to talk to the Veterans and is often seen laughing and joking with them.



### *February; Thomas Grant*

Thomas was able to take the time to speak with one of our Veterans as he was reluctant to go the hospital. Thomas asked if he could speak with the Veteran privately. After speaking with the Veteran we noticed immediately that the Veteran was getting up and preparing to go the hospital. Thomas is not just a housekeeper but he has built long lasting relationships with Veterans over the year that they will cherish forever. He is kind, patient and caring. We truly appreciate his hard work and the care that he takes with the Veterans.



# Recreation Happenings

What a wonderful time of the year and the time has quickly gone. Many thanks go out to the Assistance League and all the amazing volunteers and donors. We have appreciated all the thoughtful phone calls, cards, groups, donations, and support that we received during this time. Our Veterans are truly spoiled! December was jammed packed with lots of fun. Our veterans received 12 days of Christmas with a different group sponsoring each day of gifts. We were able to get into the community to see the Holiday lights at Lady of the Snow and Tillis Park. Our family holiday party featured a model train display along with the dancing Santa's that came to perform for the home. The veterans got to hear Ms. Missouri Senior American show of singing and dancing, John Scott performance, holiday caroling by Feguson Church of the Nazarene, Frank Carena's caroling, Fresh Wind Christian Christmas singing, and a holiday celebration by the Filipino nurses.

It is always a busy time with the veterans. They enjoyed visits from the therapy dogs and presentations from the Saint Louis library. In January we went into the community to go watch eagles. There were no eagles out, but the veterans enjoyed visiting the museum and watching a movie about the wildlife. The veteran got to learn about the Nisei Soldiers and the Tuskegee Airman. Another treat that the veterans enjoyed because it was too cold to get outside was enjoying a takeout meal from McDonalds.

In February the Veterans will enjoy a performance by the king. Some outings into the community include GI Joe breakfast, Men's SLU Basketball game, Horseshoe Casino, Olive Garden outing, and dinner & bingo. The veterans will be looking forward to watching the Winter Olympics and participating in some events at the home. The Superbowl is another fun event for the veterans with eating some tailgating food and playing games. There is a special lunch in with music entertainment for some of the veterans at the home. Mardi Gras and the Chinese New Year are big events with a parade of staff and decorative carts going around the home. We have some fun food events at the home with banana splits, brats and burgers, along with eating some soul food.

Coming up in next month's include National wildlife day, Under the Sea, Saint Patrick's Day, Cardinals' Home opener, Spring Fling, In house casino day, Ms. Missouri pageant, nursing home week, and Memorial Day.

We could use your support as we continue to celebrate our Veterans. These activities are not possible without the

support from the community. We are continually grateful for EVERY donation.

If you would like to sponsor any activity. You may send your donation for recreation activities made payable to the:

**STL Veterans Home Assistance League or STVHAL**  
10600 Lewis & Clark Boulevard  
St. Louis, MO 63136

Also, please make a note on what activity you would like to sponsor. Thank you very much.

If you have any questions, please feel free to contact me at [Melissa.Fishman@mvc.dps.mo.gov](mailto:Melissa.Fishman@mvc.dps.mo.gov)



**Melissa Fishman**  
*Director of Recreation*



# Donations

We would like to express our sincere gratitude to those individuals, groups, organizations and companies that donated in the first quarter of 2026 to ensure our heroes "live life to the fullest." The STL Veterans Home Assistance League is grateful to be part of this united effort on behalf of our Veterans. Please accept our apology if you and/or your organization has unintentionally been left off this list.

AHLERS, JANICE	HAUCK, ROSEMAIRE	PRUITT, LAURA
ALA UNIT 397	HAUF, BARRY AND SUSAN	RAUCH, DARLENE
ALBERTS, PATRICIA	HAZELL, ANDREW	REYNOLDS, JOHN AND KATHRYN
AMERICAN LEGION AUX UNIT 218	HENRY, LAWRENCE AND REBECCA	RHINE, DEBBIE
AMERICAN LEGION AUX DEPT OF MO SLVH	HERTENSTEINER, MARY	RIEBEL, CECELAI
AMERICAN LEGION AUX UNIT 283 IMPERIAL	HIGGINS, MICHAEL AND VIRGINIA	ROARK, SANDRA
AMERICAN LEGION AUX UNIT 312	HOHN FAMILY LIVING TRUST	ROCH PRESBYTERIAN CHURCH
AUBUCHON, JAMES	HORN, THOMAS	SANDROWSKI, CAROL
AUXILIARY VFW FLORISSANT VALLEY	HOWARD, JAMES AND KAREN	SANTA CRUZ COUNCIL 1215
MEMORIAL POST 4105	HUELSMANN, RICHARD	SANTOYO, KENNETH
BARRINER, JOSEPHINE	ISING, EDWARD AND KATHERINE	SCHLEINAT, BOB AND SHARON
BECKER, BRUCE AND LANAE	JAMES, KEVIN AND COLLEN	SCHMIDT, LAWRENCE
BENEVOLENT & PROTECTIVE ORDER OF	JEFFRIES, JIM	SCHMIDT, GLORIA
ELKS 1063	JENNINGS, BRIAN AND ANN	SCHMIDT, PAUL AND ANITA
BENHARDT, JUDITH	JENNINGS MANOR POST	SCHMITZ, VERNON
BEYERS, MICHAEL	JVESTER, MICHAEL AND JOAN	SCHOONOVER, BOB AND SUE
BIRNBAUM, KAREN	KALLSTROM, KEITH	SIDLO, MARY
BOGLE, JERRY AND PAM	KAPELLER, KEN	SIMMONS, RITA
BOWSER, WILLIAM	KELLER, JOHN AND MICHELE	SLATER, SUSAN
BRESNAN JR., DONALD	KELLOGG, JOHN	SLOOP, JENNIFER
BROCKFELD, JANIS	KENNETT, DENISE	SMTH, ANDREW
BUBASH, JOHN AND JULIE	KING, NAOMI	SONS OF AMVETS POST 48
CAREY, TIM	KNIGHTS OF COLUMBUS O'FALLON	SPAUNHORST, JACQUELINE
CARROLL, DOROTHY	KOWALSKI, DOLORES	ST ELIZABETH ANN SETON KNIGHTS OF
CARTER, VALERIA	KRUSE, MICHAEL	COLUMBUS COUNCIL 11382
CARTER, REX	KUHLMANN, MIKE AND DIANE	ST LOUIS AREA V RETIREE CHAPTER MOANG
MCDONALD, CHAPLAIN MADONNA	KULANDER, JOHN	ST LOUIS SERVICE WOMEN'S POST 404
CHAPPELLE, ED AND RETHEL	LEWIS, GERALD AND JEWELL	STIFEL
DAVIDSON SR, LARRY	LINCOLN COUNTY MEMORIAL VFW POST 8828	STRICKER, MARTI
DAVIS, LORETTA	LOHR, CONSTANCE	SWITZER, JOAN
DAVISSON, BETTY	LOWREY, CHERYL AND LON	THE BLACKBAUD GIVING FUND
DITTO, EDNA	MARCUS, SCOTT	THE KAUFMAN FUND
DO-DADS	MCDONALD, DAVID AND MADONNA	TWIN CITIES AMVETS POST 171
DORSEY, JUDITH	MCGOVERN, MICHAEL AND JAHINE	U.A.W. LOCAL 1887
DOWNS, ROBERT AND DEBRA	MCNICHOLAS, PAM	UFCW LOCAL NO 88
DUVCW JULIA DENT GRANT TENT #16	MERIDAIN CHAPTER NO 442 ORDER OF THE	UNITED STATES LIABILITY
EDWARD JONES,	EASTERN STAR	UNIVERSAL KING MINISTRIES
EGAN, CHRISTOPHER	MILITARY ORDER OF THE COOTIE	VERMMER, TAMBRA
ELBERT, DONALD	MONTGOMERY, J	VFW AUXILIARY KOHL-JECK POST 2866
EXLER, JANE	MORGAN, JOHN AND LINDA	VFW AUXILIARY POST 5077
FELFE, JEANNE	MORLAN, BRYANT	VFW AUXILIARY
FICHTER, RICHARD	MORROW, CHERYL	VFW FLORISSANT VALLEY MEMORIAL POST 4105
FIORE, LEE	MOTZKUS, DON	VFW O.W.L, DIANE JAMES
FIRST CHRISTIAN CHURCH	MUDD, KATHRYN	VFW THIEMANN TIDD MEMORIAL POST 5651
FLORISSANT ELKS	MUENCH, JOHN AND BRENDA	VIEHWEG, DEBORAH PARK
FORTMAN, DEBBIE	NATIONAL 4TH IVY DIV MIDWEST CHAPTER 4TH	VIETNAM VETERANS OF AMERICAN MID RIVERS
FULMER, MARY	NICKS, ROSALIE	CHAPTER 458
GANTT, HURSEL	NOCE, JOHN	VIETNAM VETERANS OF AMERICAN CHAPTER 794
GETTEMEIER, SHARON	ORCHARD FARM POST 4219	VOITURE LOCALE NO 38
GODBOLD, DOUG AND IRENE	OTTENLIPS, ANGELA	WELCH, LOUISE
GOELLNER, GLORIA	PARSONS, MARY	WILES, KIMBERLY
GOOCH, REX AND PATRICIA	PEARSON, JOHN AND LISA	WINKLER, JOHN
GRAMAN, JUDY AND STEVE	PEMBERTON, JERRY AND CLARIE	WOJCIECHOWSKI, TOM AND SUSAN
GRAND OF MISSOURI MOCA	PETERSMEYER, DERROLD AND ROSALIE	ZOLLER, CAROL
GRUPAS, ANGELA	PFEIFFER, DENNIS AND MURIEL	
GRUPAS, ALBERT AND CONNIE	PIERZYNSKI, PATRICIA	
HANEY, BRYAN	PROGRESSIVE	



# St. Louis Veterans Home Assistance League

Our mission is to improve the livelihood of the men and women who fought for the freedoms we enjoy every day.

March, 2026

Dear Friends,

The May Newsletter will give you an opportunity to remember and honor loved ones who have fought or are fighting for our freedom. This issue will be our Memorial Issue in which everyone in the community can list the names of those near and dear to your heart.

All names received will be listed in this Memorial Issue. I am asking for a minimum donation of \$5.00 per name. Please use the form that can be found in this issue or for your convenience we have added a form to our website where you can donate online at [www.stlvhal.org](http://www.stlvhal.org).

I ask that all names be typed or printed clearly. All checks should be made payable to St. Louis Veterans Home Assistance League or STLVHAL. The deadline for submission is April 30, 2026. Any submittals received after this date will not be printed.

On behalf of the Board of Trustees, I would like to thank you! Your gift makes a real difference in the lives of the veterans we serve.



Rosemarie W. Hauck  
Assistance League President

STL Veterans Home Assistance League, 10600 Lewis & Clark Boulevard, St. Louis, MO 63136



# A Memorial Remembrance

We pay tribute to our friends and loved ones who served in the armed forces of our nation during war and peace and the members of their family that are now with God.



*Honor the Dead by Helping the Living*

## Donations Made In The Memory Of A Friend Or Loved One

The next issue of our publication will be in May. We call this our Memorial Issue. This issue allows you the opportunity to remember and honor loved ones who have fought or are fighting for our freedom. This remembrance of a loved one, friend, post or auxiliary member will impact those who live on, our Veterans who reside at the Missouri Veterans' Home - St. Louis.

In this Memorial Remembrance, no Memorial Card will be mailed. We also request that donations are at least \$5.00 per name. Thank you for supporting this worthy cause with this act of kindness to the ones you fondly remember. **The deadline is April 30, 2026.**

### Please Print

Donation By: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

#### In Memory Of:

_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____

#### In Honor Of:

_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____

**Total Memorial Donation** \$ \_\_\_\_\_

#### Make Checks Payable To And Mail To:

**St. Louis Veterans Home Assistance League or STLVHAL  
10600 Lewis & Clark Boulevard  
St. Louis, MO 63136**

For your convenience we have also added a form to our website where you can donate online at [www.stlvhal.org](http://www.stlvhal.org)



**Deadline For The May Memorial Issue Is April 30, 2026**



STL Veterans Home Assistance League  
10600 Lewis & Clark Boulevard  
St. Louis, Missouri 63136

Email: stl.veteranshome.al@gmail.com  
Website: www.stlvhal.org

**Check if Appropriate:**

- My name is misspelled.
- My address is incorrect.
- I received more than one copy.
- I no longer wish to receive STLVHAL newsletter.

Please clip this address panel and mail it to us, noting your request.

**STL Veterans Home Assistance League**

Services Rendered To All Eligible Veterans Without Regard To Race, Color, Religion, Sex, Age, Handicap, Or National Origin.



# Adopt ★ A ★ Vet

**It's not too late  
for year-end giving.**

**Kindly consider a gift  
to SLVHAL in honor  
of our Veterans.**

*Yes! I/we would like to help our veterans. My donation will help provide each veteran a gift and also be utilized for other special events throughout the year.*

- \$30
- \$60
- \$90
- \$180

Donation of Any Amount \$ \_\_\_\_\_

**Payment options:**

- Check
- Cash

**Make Checks Payable To:**

STL Veterans Home Assistance League or STLVHAL  
10600 Lewis & Clark Boulevard  
St. Louis, MO 63136

**Donate Online @ [www.stlvhal.org](http://www.stlvhal.org)**

**Make my donation towards:**

- General Funds
- Recreation \_\_\_\_\_
- Other \_\_\_\_\_

**Donation Made By:**

- Individual
- Organization

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_



**Missouri Veterans Home - St. Louis**

is home to Veterans from World War II, Korean War, Vietnam, and peacetime. We have many volunteer opportunities available and would love to have you join our team. For more information, please contact me by email at [Sherita.Crosby@mvc.dps.mo.gov](mailto:Sherita.Crosby@mvc.dps.mo.gov)